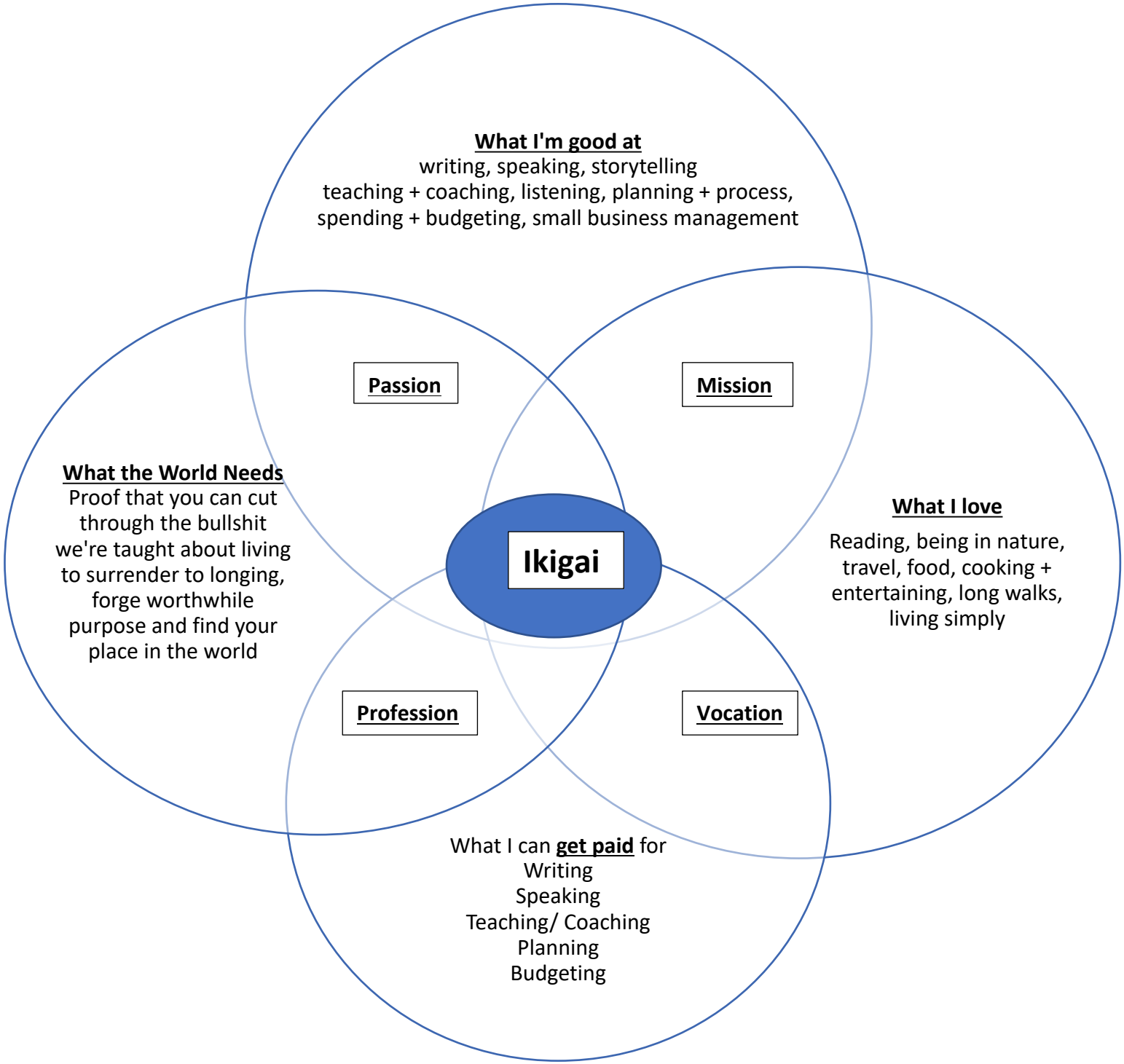
What I'm good at
writing, speaking, storytelling
teaching + coaching, listening, planning + process,
spending + budgeting, small business management
Passion
Mission
What the World Needs
Proof that you can cut through the bullshit we're taught about living to surrender to longing, forge worthwhile purpose and find your place in the world
Ikigai
What I love
Reading, being in nature, travel, food, cooking + entertaining, long walks, living simply
Profession
Vocation
What I can get paid for
Writing
Speaking
Teaching/ Coaching
Planning
Budgeting